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Amendments to the Claims:

This listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

Claim 1 (Currently Amended). An acupressure device comprising:

a supporting member (1), having an inner side (2); and

a metal member (3) attached attaching to the inner side (2) of said supporting member (1), wherein said metal member (3) is positioned at fastened to said supporting member at a location which is in contact with a Baihui (D20) acupoint (11) of a human at a top portion of a human head; wherein when said acupressure device is worn on said human head;

wherein said acupressure device is capable of being adjusted to tightness; and wherein said metal member is made of an electrically conductive metal.

wherein when said supporting member (1) presses said metal member (3) against said

Baihui (D20) acupoint (11) of said human head, a tension is generated toward said Baihui (D20)

acupoint (11) to send a signal that calms and sooths said human.

Claim 2 (Cancelled).

Claim 3 (Currently Amended). The acupressure device according to claim 1 [[2]], wherein said electrically conductive metal is at least one selected from the group consisting of gold, silver, platinum, copper, iron, stainless steel, nickel, aluminum, tin, and titanium.

Claim 4 (Currently Amended). The acupressure device according to claim 1, wherein said metal member (3) is in the form of a bead, a rounded mass, a nubbin, a disk, a nipple, a

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nodule, a lump, a knob, a projection, a seed, a bump, a dome, or any combination thereof.

Claim 5 (Currently Amended). The acupressure device according to claim 1, wherein said supporting member (1) is made of at least one selected from the group consisting of cotton, Dacron, polyester, nylon, SPANDEX fabric, plastic, rubber, leather, and metal.

Claim 6 (Currently Amended). The acupressure device according to claim 5, wherein said supporting member (1) is in the form of a headband.

Claim 7 (Currently Amended). The acupressure device according to claim 5, wherein said supporting member (1) is in the form of a cap.

Claim 8 (Currently Amended). The acupressure device according to claim 7, wherein said supporting member (1) is a strip; wherein said strip has two opposite ends (4, 4') at a longitudinal side of said strip; said two opposite ends (4, 4') being able to be directly fastened together or fastened together through a pair of fasteners (5, 5').

Claim 9 (Currently Amended). The acupressure device according to claim 8, wherein said fasteners (5, 5') are selected from the group consisting of hooks, pull-tabs, buckles, snaphooks, adjuster bars, slides, cord locks, zipper pulls, modular buckles and VELCROs; and wherein said fasteners are capable of being adjusted to tightness so as to exert pressure on said Baihui (D20) acupoint (11) on said human head.

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Claim 10 (Currently Amended). A method for treating a human with insomnia comprising:

placing applying said acupressure device according to claim 1 on to said human head; wherein to allow said metal member of said acupressure device to be in contact with is positioned at said Baihui acupoint (11) of said human head;

whereby by tightening said acupressure device, said metal member exerts pressure to said Baihui (D20) acupoint (11).

Claim 11 (Currently Amended). A method for relieving stress/tension from a human comprising:

placing applying said acupressure device according to claim 1 on to said human head; wherein to allow said metal member of said acupressure device to be in contact with is positioned at said Baihui acupoint (11) of said human head;

whereby by tightening said acupressure device, said metal member exerts pressure to said Baihui (D20) acupoint (11).

Claim 12 (Currently Amended). A method for reducing anxiety/depression from a human comprising[[;]]:

placing applying said acupressure device according to claim 1 on to said human head; wherein to allow said metal member (3) of said acupressure device to be in contact with is positioned at said Baihui acupoint (11) of said human head;

whereby by tightening said acupressure device, said metal member exert pressure to said Baihui (D20) acupoint (11).

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Claim 13 (Currently Amended). An acupressure device comprising:

a supporting member (1), having an inner side (2); and

a plurality of metal members (3') attached attaching to said inner side of said supporting member[[,]];

wherein said plurality of said metal members (3') are positioned at fastened to said supporting member at locations which are in contact with are positioned at a plurality of acupoints in a first treatment zone (201) at a top portion of a human head when said acupressure device is worn on said human head;

wherein said first treatment zone includes a rectangular area extending from midpoints (70, 70') of two upper eyelids to two Chengling (Gb18) acupoints (34, 34') of said human head; one of said plurality of said acupoints being Baihui (D20) acupoint (11) of said human head;

wherein said acupressure device is capable of being adjusted to tightness; and wherein said metal member is made of an electrically conductive metal.

wherein when said supporting member (1) presses said plurality of said metal members (3') against said Baihui (D20) acupoint (11) of said first treatment zone (201) on said human head, a tension is generated toward said first treatment zone to send a signal that calms and sooths said human.

Claim 14 (Currently Amended). The acupressure device according to claim 13, wherein said plurality of said metal members (3') are further in contact with positioned at at least one acupoint which is selected from the group consisting of Yingtang acupoint (80), Shenting (D24) acupoint (15), Shangxing (D23) acupoint (14), Xinhui (D22) acupoint (13), Qianding (D21) acupoint (12), Houding (D19) acupoint (10), Zanzhu (B12) acupoints (20, 20'), Meichong (B13) acupoints (21, 21'), Quchai (B14) acupoints (22, 22'), Wuchu (B15) points (23, 23'), Chengguang

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(B16) acupoints (24, 24'), Tongtian (B17) acupoints (25, 25'), Luoque (B18) acupoints (26, 26'), Yangbai (Gb14) acupoints (30, 30'), Head-Lingqi (Gb15) acupoints (31, 31'), Muchuang (Gb16) acupoints (32, 32'), Zhengying(Gb17) acupoints (33, 33'), and Chengling (Gb18) acupoints (34, 34') of said human head.

Claim 15 (Currently Amended). A method for treating insomnia in a human comprising:

placing applying said acupressure device according to claim 13 on to said human head;

wherein to allow said plurality of said metal members (3') of said acupressure device to be in

contact with is positioned at said plurality of said acupoints in said first treatment zone (201) of
said human head;

whereby by tightening said acupressure device, said plurality of said metal members (3') exert pressure to said plurality of acupoints at said first treatment zone (201).

Claim 16 (Currently Amended). An acupressure device comprising:

a supporting member (1), having an inner side (2); and

a plurality of metal members (3") attached attaching to said inner side of said supporting member (1);

wherein said plurality of said metal members (3") are positioned at fastened to said supporting member at locations which are in contact with a plurality of acupoints at a second treatment zone (202) at a top portion of a human head when said acupressure device is worn on said human head;

wherein said second treatment zone (202) includes a rectangular area extending from two Yangbai (Gb14) acupoints (30, 30') to two Chengling (Gb18) acupoints (34, 34') of said head; one of said plurality of said acupoints being Baihui (D20) acupoint (11);

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wherein said acupressure device is capable of being adjusted to tightness; and wherein said metal member is made of an electrically conductive metal.

wherein when said supporting member (1) presses said plurality of said metal member (3") against said plurality of said acupoints at said second treatment zone (202) of said human head, a tension is generated toward said plurality of said acupoints at said second treatment zone (202) to send a signal that calms and sooths said human.

Claim 17 (Currently Amended). The acupressure device according to claim 16, wherein said plurality of said multiple metal members (3") are further in contact with positioned at at least one acupoint which is selected from the group consisting of Shangxing (D23) acupoint (14), Xinhui (D22) acupoint (13), Qianding (D21) acupoint (12), Wuchu (B15) acupoints (23, 23'), Chengguang (B16) acupoints (24, 24'), Head-Lingqi (Gb15) acupoints (31, 31') and Muchuang (Gb16) acupoints (32, 32') of said human head.

Claim 18 (Currently Amended). A method for treating insomnia in a human comprising:

placing applying said acupressure device according to claim 15 on to said human [[;]] to

allow wherein said plurality of said metal member (3") of said acupressure device to be in

contact with is positioned at at least one of said acupoints at said second treatment zone (202) of said human head;

whereby by tightening said acupressure device, said plurality of said metal members exert pressure to said second treatment zone (202).

Claim 19 (Currently Amended). An acupressure device comprising: a supporting member (1), having an inner side (2); and

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a plurality of metal members (3"") attached attaching to said inner side (2) of said supporting member (1);

wherein said plurality of said metal members (3") are positioned at fastened to said supporting member at locations which are in contact with a plurality of acupoints at a third treatment zone (203) located at a top portion of a human head when said acupressure device is worn on said human head;

wherein said third treatment zone (203) is a rectangular area which is about 1 inch wide between Shenting (D24) acupoint (15) and Houding (D19) acupoint (10) of Du meridian (101); one of said plurality of said acupoints being Baihui (D20) acupoint (11);

wherein said acupressure device is capable of being adjusted to tightness; and wherein said metal member is made of an electrically conductive metal.

wherein when said supporting member (1) presses said plurality of said metal member (3") against said third treatment zone (203) of said human head, a tension is generated toward said plurality of said acupoints at said third treatment zone (203) to send a signal that calms and sooths said human.

Claim 20 (Currently Amended). A method for treating insomnia in <u>a</u> human comprising:

<u>placing applying</u> said acupressure device according to claim 19 <u>on</u> to said human [[;] <u>to</u>

<u>allow wherein</u> said plurality of said metal members (3"") of said acupressure device <u>to be in</u>

<u>contact with is positioned at</u> at least one of said acupoints at said third treatment zone (203) of said human head;

whereby by tightening said acupressure device, said plurality of said metal members (3'") exert pressure to said plurality of acupoints at said third treatment zone (203).